## Email is beautiful and human - Glenn Adamson

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And I remember in fact somebody once telling me that what you must never do is treat your email inbox as your to do list.

And having thought about that for for while, I'm actually not sure that I agree with that because I think that email does uniquely is immediately remind you of what people are expecting from you and what they need from you.

And it's a stunningly accurate, immediate reminder of your relationships.

The way that it indexes those other humans in your life, and all those dependencies, I think that's quite remarkable and kind of beautiful.

So if you can detach from the stress and urgency of it and think of it as a kind of portrait of your ongoing human contact. I think there's actually a lot to of value there and I find it quite a helpful instrument for getting all this stuff done.

Date: 2023-09-23 Words: 155 Time to read: 1 min

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